

9. Alfelder Bernd-Meyer Staffelmaraathon

Startnr.	Name	m/w	Runden	Zeit
Offene Wertung				
1. Hildesheim Allstars 02:39:09			7 Runden	
52-1	Robin Dörrie	m	1	00:21:29
52-2	Lars Hampel	m	1	00:21:55
52-3	Christian Brugger	m	1	00:22:38
52-4	Peter Sander	m	1	00:23:48
52-5	Benjamin Tschörtner	m	1	00:23:31
52-6	Michael Victor	m	1	00:21:58
52-7	Stefan Iburg	m	1	00:23:47
2. The Hurricanes 02:42:39			7 Runden	
28-1	Leon Neudenberger	m	1	00:23:29
28-2	Torben Frohns	m	1	00:24:53
28-3	Alpay Özdemir	m	1	00:22:42
28-4	Jarno Kelzewski	m	1	00:24:49
28-5	Philipp Heide	m	1	00:21:37
28-6	Nils Buschbaum	m	1	00:23:55
28-7	Patrick Heide	m	1	00:21:11
3. Team lauf-coach.de 02:52:23			7 Runden	
66-1	Lutz Möhring	m	1	00:23:18
66-2	Manfred Vollmer	m	1	00:23:57
66-3	Agata Krafczyk	w	1	00:24:19
66-4	Aleksandra Koschmieder	w	1	00:27:15
66-5	Franz Merkel	m	1	00:28:58
66-6	Andreas Koschmieder	m	1	00:23:03
66-7	Mark Thomson	m	1	00:21:30
4. TSV Deinsen 1. Herren 03:10:15			7 Runden	
2-1	Tobias Brandes	m	1	00:25:39
2-2	Manuel Beining	m	1	00:26:08
2-3	Michael Schmidt	m	1	00:27:16
2-4	Sebastian Serrano	m	1	00:27:40
2-5	Pascal Scholz	m	1	00:30:40
2-6	Felix Metze	m	1	00:25:10
2-7	Jan Hammerlik	m	1	00:27:39
5. TSV Warzen Fußballer I 03:12:26			7 Runden	
33-1	Felix Kohlmeier	m	1	00:24:35
33-2	David Vlad	m	1	00:27:31
33-3	Lukas Jeß	m	1	00:29:36
33-4	Sven Weißflog	m	1	00:28:00
33-5	Lennart Fischer	m	1	00:27:05
33-6	Erik Idzikowski	m	1	00:26:13
33-7	Niklas Metge	m	1	00:29:22
6. SV Alfeld Handball 1. Herren 03:18:34			7 Runden	
68-1	Johannes Hartmann	m	1	00:25:55
68-2	Kim-David Samtlebe	m	1	00:24:52
68-3	Andreas Lück	m	1	00:28:13
68-4	Sebastian Gesell	m	1	00:33:42
68-5	Tim Grube	m	1	00:32:51
68-6	Thomas Musieracki	m	1	00:24:57
68-7	Ionut Chiparus	m	1	00:27:59

9. Alfelder Bernd-Meyer Staffelmaraathon

Startnr.	Name	m/w	Runden	Zeit
7. LAV Alfeld 2 03:19:41			7 Runden	
62-1	Carsten Wolf	m	1	00:23:50
62-2	Markus Efler	m	1	00:26:26
62-3	Rolins Dagnogo	m	1	00:25:36
62-4	Rosi Grommas	w	1	00:32:05
62-5	Arne Zeptner	m	1	00:28:50
62-6	Jürgen Grommas	m	1	00:30:44
62-7	Klaus Walther	m	1	00:32:07
8. Wuussschhh! 03:22:33			7 Runden	
4-1	Dirk Lemper	m	1	00:25:00
4-2	Thomas Munzel	m	1	00:34:05
4-3	Rico Krull	m	1	00:27:15
4-4	Torsten Rohlfs	m	1	00:30:05
4-5	Christoffer Neumann	m	1	00:32:04
4-6	Stefan Bessel	m	1	00:29:09
4-7	Bruno Kostrewa	m	1	00:24:51
9. Schulverein Bürgerschule Alfeld 03:23:18			7 Runden	
11-1	Lars Terp	m	1	00:25:12
11-2	Ida Terp	w	1	00:30:06
11-3	Markus Göbel	m	1	00:28:20
11-4	Marlon Schuhmacher	m	1	00:30:06
11-5	Jette Wagener	w	1	00:29:15
11-6	Heiko Lanclee	m	1	00:33:39
11-7	Lutz Wagener	m	1	00:26:38
10. MTV Röllinghausen 3 03:26:07			7 Runden	
55-1	Victor Nejc	m	1	00:30:56
55-2	Jana Klostermeyer	w	1	00:33:04
55-3	Domenik Bienert	m	1	00:30:50
55-4	Fabian Müller	m	1	00:29:26
55-5	Axel Abel	m	1	00:28:35
55-6	Sören Schwarze	m	1	00:26:55
55-7	Chris Warnecke	m	1	00:26:18
11. TSV Gronau Leichtathleten 03:27:03			7 Runden	
45-1	Tim Bausmerth	m	1	00:24:11
45-2	Marcel Rinne	m	1	00:32:00
45-3	Elena Nagel	w	1	00:31:50
45-4	Marit Wichmann	w	1	00:33:05
45-5	Uwe Wichmann	m	1	00:30:50
45-6	Harald Lippold	m	1	00:25:45
45-7	Birgit Zastrow	w	1	00:29:19
12. Herren TSV Warzen 03:27:04			7 Runden	
13-1	Jan Koopmann	m	1	00:31:14
13-2	Christopher Greulich	m	1	00:35:19
13-3	Engelbert Müller	m	1	00:34:56
13-4	Heiko Höft	m	1	00:28:41
13-5	Benjamin Enke	m	1	00:25:54
13-6	Bjarne Röker	m	1	00:25:18
13-7	Dirk Röker	m	1	00:25:39
13. WORKOUT Med. Alfeld 1 03:27:59			7 Runden	
63-1	Andreas Denecke	m	1	00:29:23

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Startnr.	Name	m/w	Runden	Zeit
63-2	Florian Wrede	m	1	00:28:20
63-3	Sönke Dreyer	m	1	00:30:02
63-4	Ulf Bornemann	m	1	00:28:45
63-5	Wolfram Küllmer	m	1	00:30:40
63-6	Carsten Schaper	m	1	00:31:35
63-7	Patrick Gagajek	m	1	00:29:12
14. TSV Warzen Fußballer II 03:31:40			7 Runden	
34-1	Hendrik Schrader	m	1	00:27:43
34-2	Martin Kirsch	m	1	00:33:36
34-3	Timo Braun	m	1	00:33:29
34-4	Matthias Senne	m	1	00:28:31
34-5	Bjarne Hausmann	m	1	00:33:09
34-6	Felix Kohlmeyer	m	1	00:25:34
34-7	Philipp Meyer	m	1	00:29:34
15. Stadt Alfeld (Leine) 03:32:18			7 Runden	
48-1	Philipp Meyer	m	1	00:27:42
48-2	Marcel Runge	m	1	00:28:50
48-3	Stefanie Dortmund	w	1	00:35:18
48-4	Melitta Kolf	w	1	00:33:09
48-5	Harald Heigwer	m	1	00:30:50
48-6	Steven Keuntje	m	1	00:32:10
48-7	Torben Meyer	m	1	00:24:15
16. Céline 03:37:44			7 Runden	
3-1	Thorsten Beyer	m	1	00:28:09
3-2	Georgia Mannella	w	1	00:30:14
3-3	Felix Maiwald	m	1	00:27:02
3-4	Jacqueline Meyer	w	1	00:36:37
3-5	Jonas Franke	m	1	00:27:40
3-6	Kirstin Schmidt-Wachowski	w	1	00:35:39
3-7	Eric Wachowski	m	1	00:32:20
17. Laufftreff Duingen 03:38:13			7 Runden	
35-1	Christiane Heinrich	w	1	00:29:30
35-2	Kerstin Mochmann	w	1	00:32:01
35-3	Markus Stichweh	m	1	00:33:31
35-4	Anja Stichweh	w	1	00:35:04
35-5	Nils Reinhold	m	1	00:25:41
35-6	Yvonne Reinhold	w	1	00:33:20
35-7	Benjamin Mogck	m	1	00:29:03
18. SG Badminton Leinetal 03:45:53			7 Runden	
29-1	Achim Heise	m	1	00:24:52
29-2	Birgit Runne	w	1	00:41:25
29-3	Daniel Kaste	m	1	00:30:19
29-4	Uwe Jastrow	m	1	00:35:56
29-5	Jessica Mettner	w	1	00:31:46
29-6	Sonja Heise	w	1	00:31:13
29-7	Jennifer Dreyer	w	1	00:30:19
19. WORKOUT Med. Alfeld 2 03:47:43			7 Runden	
64-1	Ingo Balbach	m	1	00:33:03
64-2	Katrin Niethus	w	1	00:35:30
64-3	Rafert Ahmedi	m	1	00:32:59
64-4	Lilian Wiemers	w	1	00:35:18

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Startnr.	Name	m/w	Runden	Zeit
64-5	Jakob Hesse	m	1	00:29:56
64-6	Marcel Neumann	m	1	00:29:03
64-7	Natascha Schmitz	w	1	00:31:50

20. awa running team 03:48:52 7 Runden

17-1	Lars Wegener	m	1	00:31:12
17-2	Jürgen Warnig	m	1	00:33:02
17-3	Jessica Warnig	w	1	00:43:23
17-4	Tino Oelze	m	1	00:32:18
17-5	Jens Pflugmacher	m	1	00:30:26
17-6	Bernd Schories	m	1	00:28:59
17-7	Tobias Salomon	m	1	00:29:29

21. Laufftreff 80's / 90's and friends 03:50:07 7 Runden

27-1	André Beyes	m	1	00:34:24
27-2	Sebastian Dederding	m	1	00:25:55
27-3	Björn Weiß	m	1	00:37:22
27-4	Mark-Frederik Winter	m	1	00:32:31
27-5	Thomas Gabriel	m	1	00:35:12
27-6	Sebastian Denecke	m	1	00:31:22
27-7	Marvin Ingelmann	m	1	00:33:18

22. Roadrunners 03:50:14 7 Runden

51-1	Finn Glenewinkel-Meyer	m	1	00:34:00
51-2	Lisa Nickut	w	1	00:32:39
51-3	Cecil Oppermann	w	1	00:35:49
51-4	Kevin Flicke	m	1	00:29:34
51-5	Marlene Nagel	w	1	00:31:14
51-6	Josefin Oppermann	w	1	00:34:16
51-7	Gwendolyn Klukas	w	1	00:32:39

23. ALF 03:59:23 7 Runden

18-1	Simone Mädge	w	1	00:29:45
18-2	Hans-Hermann Strobell	m	1	00:41:39
18-3	Heino Koch	m	1	00:38:10
18-4	Torsten Beyer	m	1	00:28:20
18-5	Guido Hartmann	m	1	00:30:53
18-6	Karin Hartmann	w	1	00:35:54
18-7	Ralf Hansemann	m	1	00:34:40

24. Coach Alex-2 04:00:07 7 Runden

60-1	Alex Karpf	m	1	00:32:50
60-2	Franziska Westermeyer	w	1	00:38:34
60-3	Juliana Hartmann	w	1	00:40:30
60-4	Cedric Grote	m	1	00:34:03
60-5	Lia Napierski	w	1	00:36:07
60-6	Daniel Weger	m	1	00:33:57
60-7	Torben Frohns	m	1	00:24:03

25. Coach Alex-1 04:02:33 7 Runden

59-1	Tom Zoeller	m	1	00:32:51
59-2	Marion Fricke	w	1	00:38:32
59-3	Aileen Rittel	w	1	00:38:14
59-4	Demian Küster	m	1	00:35:27
59-5	Carsten Hinterthuer	m	1	00:32:16
59-6	Lutz Tekluck	m	1	00:34:20
59-7	Alexander Gross	m	1	00:30:50

9. Alfelder Bernd-Meyer Staffelmarchathon

Startnr.	Name	m/w	Runden	Zeit
26. Gronau Taucher 04:03:57			7 Runden	
16-1	Alessa Wild	w	1	00:41:00
16-2	Jenny Rocksen	w	1	00:34:06
16-3	Joel Richter	m	1	00:36:18
16-4	Michaela Seidel	w	1	00:32:55
16-5	Adam Kabycek	m	1	00:30:17
16-6	Marcel Range	m	1	00:30:20
16-7	Klaus Rapp	m	1	00:38:57
27. Lehrermannschaft Gymnasium Alfeld 04:04:17			7 Runden	
40-1	Michael Rüdiger	m	1	00:35:25
40-2	Dirk Lürssen	m	1	00:37:17
40-3	Michael Strohmeier	m	1	00:25:39
40-4	Yüksel Kücükler	w	1	00:50:38
40-5	Nicolai Rühmann	m	1	00:29:25
40-6	Nina Hackenberg	w	1	00:33:48
40-7	Theresa Grede	w	1	00:32:02
28. Autogalerie Alfeld 04:06:36			7 Runden	
5-1	Karla Maslac	w	1	00:28:25
5-2	Joel Paruk	m	1	00:38:35
5-3	Abdallah Kuke	m	1	00:38:25
5-4	Justin Paruk	m	1	00:29:48
5-5	Leonardo Thomas-Langer	m	1	00:41:27
5-6	Susanne Piper	w	1	00:37:56
5-7	Marc Schnell	m	1	00:31:57
29. Green and Friends 04:06:44			7 Runden	
39-1	Frank Sgonina	m	1	00:31:07
39-2	Kerstin Funk-Pernitzsch	w	1	00:36:22
39-3	Beata Hamann	w	1	00:35:06
39-4	Werner Teiwes	m	1	00:38:22
39-5	Jörg Koch	m	1	00:29:26
39-6	Frank Lachat	m	1	00:38:19
39-7	Oliver Kersten-Wilk	m	1	00:38:01
30. BKK fitnoform 04:08:17			7 Runden	
1-1	Ulrike Steinicke	w	1	00:34:45
1-2	Sven Friedemann	m	1	00:28:38
1-3	Meike Koch	w	1	00:42:32
1-4	Dirk Stillert	m	1	00:31:50
1-5	Beate Patt-Wazinski	w	1	00:45:26
1-6	Jenny Glöss	w	1	00:38:20
1-7	Ingo Dörger	m	1	00:26:43